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NATIONAL PARK SERVICE SEASONAL LAW ENFORCEMENT TRAINING PROGRAM

PHYSICAL EXAMINATION FORM

TO EXAMINING PHYSICIAN:

The individual for whom this Physical Examination is being performed is an applicant for entry into a law enforcement training program. This training will include the performance of physical and cognitive tasks that involve situational stress commensurate with the realities of the law enforcement profession and will include a physical training (PT) component including, but not limited to, aerobic exercises, calisthenics, weight lifting, flexibility and plyometric exercises.

MEDICAL EXAMINATION RESULTS/OBSERVATIONS

This information is for official use only (FOUO) and will not be released to unauthorized persons.

APPLICANT: _____
(LAST NAME, FIRST NAME, MIDDLE NAME)

SSN: _____ - _____ - _____

DATE OF BIRTH: ____/____/____

HEIGHT: ____ Ft. ____ In. WEIGHT: ____ Lbs.

VISION

Visual Acuity: If Applicant wears corrective glasses or contacts, test and record acuity with and without glasses/contact and record below.

WITHOUT CORRECTION: R-20/ ____ L-20/ ____ BOTH: 20/ ____

WITH CORRECTION: R-20/ ____ L-20/ ____ BOTH: 20/ ____

DEPTH PERCEPTION: [] Normal [] Abnormal: _____

COLOR PERCEPTION: [] Normal [] Abnormal: _____

PERIPHERAL VISION: [] Normal [] Abnormal: _____

HEARING

Hearing Acuity: [] Audiogram, or [] 15' whispered conversation (Check One)

RIGHT EAR: [] Normal [] Abnormal: _____

LEFT EAR: [] Normal [] Abnormal: _____

APPLICANT: _____
(LAST NAME, FIRST NAME, MIDDLE NAME)

CARDIOVASCULAR

BLOOD PRESSURE: _____ mmHg RESTING PULSE: _____

CARDIAC EXAMINATION: [] Normal [] Abnormal: _____

PERIPHERAL CIRCULATION: [] Normal [] Abnormal: _____

GENERAL EXAMINATION

HEENT: [] Normal [] Abnormal: _____

LUNGS: [] Normal [] Abnormal: _____

ABDOMEN: [] Normal [] Abnormal: _____

MUSCULOSKELTAL: [] Normal [] Abnormal: _____

GENITOURINARY: [] Normal [] Abnormal: _____

NEUROLOGICAL: [] Normal [] Abnormal: _____

SKIN: [] Normal [] Abnormal: _____

SPEECH: [] Normal [] Abnormal: _____

CURRENT MEDICATIONS

Prescription Medications: *(Include pain relievers, birth control, etc.)*

OTC Medications: *(Include cold, allergy, headache, vitamins, etc.)*

ALLERGIES

Drug Allergies: *(Include reaction to medication)*

All Other Allergies: *(e.g., food, insect, seasons, animals, materials, etc.)*

APPLICANT: _____
(LAST NAME, FIRST NAME, MIDDLE NAME)

ARE THERE ANY CONDITIONS, PHYSICAL, EMOTIONAL OR MENTAL WHICH, IN YOUR PROFESSIONAL MEDICAL OPINION, SUGGEST FURTHER EXAMINATION?

No

Yes: _____

IN YOUR PROFESSIONAL MEDICAL OPINION, DO YOU HAVE ANY RESERVATIONS REGARDING THIS APPLICANT'S ABILITY TO PHYSICALLY PERFORM WITHIN A LAW ENFORCEMENT TRAINING ENVIRONMENT?

No

Yes: _____

DATE OF EXAMINATION: ____/____/____

EXAMINING PHYSICIAN'S NAME:

Printed/Stamped

Signature

PHYSICIAN'S ADDRESS:

Street Address

City, State, Zip Code

Telephone Number

APPLICANT: _____
 (LAST NAME, FIRST NAME, MIDDLE NAME)

ESSENTIAL FUNCTIONS AND WORK CONDITIONS OF A

Commissioned National Park Service Law Enforcement Officer

Time/Work Volume	Physical Requirements*	Environment	Physical Exposures
<i>May include:</i>			
<ul style="list-style-type: none"> • typically a 5-day work week, including nights, weekends and holidays • 8 hour work days with repetitive days exceeding 8 hours • irregular work schedules with consecutive overlapping schedules • numerous off-duty call outs to return to work for emergencies • multiple and consecutive duty assignments without a significant break between • a pace of work set by emergency situations • ability to be deployed at any time in any geographic area for extended assignments up to 21 days • adjust to time zone changes • working independently for extended periods • working in small and large teams for extended periods 	<ul style="list-style-type: none"> • using batons, handcuffs, pepper spray, tasers and other defensive equipment in self defense and to apprehend and control suspects • demonstrating proficiency with handguns, rifles, and shotguns (e.g. loading, clearing, firing) • using techniques such as ground wrestling, control holds and strikes with hands and feet for self defense and to apprehend and control suspects. • detecting and responding to real and apparent threats (e.g. booby traps, knives, guns, uncooperative suspects) • rigorous exertion in emergency situations • extensive walking, climbing, kneeling, stooping, running, jumping, twisting, bending and standing in place • lifting and carrying at times for distances, more than 50# 	<ul style="list-style-type: none"> • varied climates (e.g. cold, hot, dry, humid, snow, rain) • varied light conditions, ranging from total darkness to extremely intense sun • high altitudes/mountains • heights/tall buildings • very steep terrain • uneven surfaces with holes and drop offs • rocky, loose, or muddy ground surfaces • thick vegetation • down/standing trees • wet slippery vegetation • very rough roads and trails • caves and enclosed natural and made made-type areas • marine settings, such as lakes, open ocean, and swift water • dense swamps • high voltage electrical hazards • isolated/remote areas 	<ul style="list-style-type: none"> • deprived of or extended periods of light (bright sunshine/UV rays), dark, extreme heat and severe cold • airborne particulates • airborne and contact allergens • fumes, gases • burning materials, natural and manmade • blood borne pathogens • hazardous chemicals • snakes and reptiles • threatening wild or domestic, large or small animals • insects/ticks • poisonous plants • falling rocks and trees • close quarters with other officers or the public for extended periods • high noise exposure, including impact/impulse • uncooperative suspects

APPLICANT: _____
 (LAST NAME, FIRST NAME, MIDDLE NAME)

Time/Work Volume	Physical Requirements	Environment	Physical Exposures
<i>(Continued) May include:</i>			
	<ul style="list-style-type: none"> • working with limited/disrupted sleep • working with hunger/irregular meals and dehydration • flying in helicopters and fixed wing airplanes • driving for long periods of time • driving under pursuit, evasive, and emergency situations • using boats, airboats, snowmobiles, ATVs, bicycles, horseback, and motorcycle • immersion in water that is over the head when standing • using specialized visual equipment (e.g. night vision goggles, night cameras, infrared) • wearing a variety of heavy PPE on a daily basis (e.g. bulletproof vests, boots, eyewear, 30# gun belt) • wearing respirators and weapons of mass destruction PPE to provide rescue or evacuation assistance 	<ul style="list-style-type: none"> • with no ready access to medical help • areas of natural disaster (e.g. flood, hurricane, tornado, fire) • areas of terrorist attack • non-compliant, combative, and violent persons • large metropolitan setting with heavy vehicle traffic and high volumes of people • extensive interaction with the public • extensive crowds at large events including large scale protests 	

**The applicant may be required to perform all of the listed Physical Requirements during intensive rigorous training of a repetitive nature for an extended period of time which may exceed three months, in addition to performing these tasks on a regular and recurring basis as part of their duties if employed by the National Park Service.*

I have read and understand the essential functions of a Commissioned NPS Law Enforcement Officer and I have no reservations that the applicant can perform all the functions.

 Doctors Signature

 Date