

TRiO

STUDENT SUPPORT SERVICES

The SSS Team



Mark: 828.339.4229
m_ellison@southwesterncc.edu



Laurie: 828.339.4231
laurie@southwesterncc.edu



Mary: 828.339.4198
m_lockey@southwesterncc.edu



Susan: 828.339.4420
s_bradshaw@southwesterncc.edu

Important Reminders

Communicate with your SSS advisor on a regular basis.
We want to know how you are doing.

- It is not too late to apply for Pell Grant funds.
Apply online @ <https://www.fafsa.ed.gov/>

Dates to Remember

October

End of First Session Classes.....	14
Fall Break-No Classes.....	17-23
Second Session Classes Begin.....	24
Schedule Adjustment-Second Session.....	24-25
Commencement Applications Due.....	28

November

WCU Visit.....	1
Last Day for Student-Initiated Withdrawal..... (full session)	3
Advising Day/Registration Begins for SP/17..... (No Classes)	8
Thanksgiving Break-No Classes.....	23
Thanksgiving Holiday-College Closed.....	24-27
Last day for Student/Faculty-Initiated Withdrawal..... (Second Session)	30

December

Fall Semester Ends (last day of classes).....	16
Grades Due/Commencement.....	16
Holiday Break-College Closed.....	21-Jan./2



Focusing on Your Highest Priorities

Can you believe we are at the half way point for the semester?! It is a critical time when you will begin to see the outcomes of the decisions you have made. What results are you seeing?

Stephen Covey's book *7 Habits of Highly Effective People* describes how our time can be spent in one of four quadrants: **(Q1) Urgent** (crises, emergencies, last minute deadlines, pressing problems); **(Q2) Effectiveness** (Proactive work, important goals, creative thinking, planning and prevention, learning and renewal, recreation); **(Q3) Distraction** (Needless interruptions, other people's minor issues, unimportant email, tasks, phone calls, status posts, etc); **(Q4) Waste** (Trivial work, avoidance activities, excessive relaxation, television, gaming, internet, time-wasters, gossip). Ideally, we want to be in quadrant 2 to ensure we are most effective.

Ask yourself a few questions to determine where you are: Which quadrant are you in right now? Why are you there? How long have you been there? What is going to happen if you stay there? Where do you spend most of your time? Do your actions express the priorities you have identified in your life? If so, congratulations! If not, what do you need to change course and move in a more positive direction?

If you need help identifying how to use your time more effectively, talk with your SSS advisor during your 10-week check in the week of October 24-28.

We hope you have a wonderful fall break!

Grant Aid Applications Due Nov. 1

The 2016-17 application for Supplemental Grant Aid is now available. It has been emailed to you and is also available in SSS.

Supplemental Grant Aid (SGA) funds are available to active SSS participants each year. The intent of supplemental grant aid is to decrease loan and other related financial burdens associated with a college education. To be eligible to apply for SGA funds, students must: be in their first two years of college; (students further along in their education and who clearly demonstrate a need for financial support may be considered if funds are available); be currently receiving Pell funds; and have completed a financial literacy workshop. To ensure consideration a completed form must be returned to Student Support Services by November 1. Please contact your SSS advisor if you have additional questions.

To ensure consideration, a completed form must be returned to Student Support Services by November 1. Please contact your SSS advisor if you have additional questions.

WCU Visit Sign Up

Danielle Harris, Assistant Director of Admissions at **Western Carolina University**, will be hosting SSS students on **Thursday, November 10th, 2016** for customized campus visits.

This is a great opportunity for you to:

- ▶ Tour the campus and the “One Stop” facility
- ▶ Learn about financial aid
- ▶ Meet with WCU faculty in your field of interest and discuss course selection
- ▶ Meet with a representative from transfer admissions
- ▶ Meet with a representative from the Honors College
- ▶ Get your questions answered

First Session

8:45 Depart SCC (from Balsam Parking)
9:00 WCU Department info session
10:00 Campus tour
11:00 Faculty advising session

Second Session

12:45 Depart SCC (from Balsam Parking)
1:00 WCU Department info session
2:00 Campus tour
3:00 Faculty advising session

THIS EVENT IS HIGHLY RECOMMENDED FOR THOSE TRANSFERRING IN FALL 2017!

If you are planning to transfer to WCU a semester **farther in the future**, this event can still be VERY helpful in charting your course at SCC. Please **stop by the SSS office and pick up a registration form**. This information will be provided to WCU and will assist them in securing advising appointments to best fit your WCU plans. **If you have any questions, please contact Mary Lockey at 828-339-4198.**

Soft Skills & Preparing For a Successful Career

Mike Despeaux, Career Counselor
Thursday, November 3rd, 12:30 - 1:30pm
Location Balsam 310
Register by calling 339-4420 or email
s_bradshaw@southwesterncc.edu



TEAS Prep Workshops

SSS will offer free TEAS prep workshops in October & November for SSS students enrolled in health science degree programs requiring the exam. Additional information was sent to eligible students in September.



Free Tutoring!

Challenged by a specific course (or two)? Request a tutor - It's EASY! It's FREE! Applications are available in the SSS office (Oaks Hall-G6), the Macon LAC or online at: www.southwesterncc.edu/tutor-program. For more information, contact: Tutor Program Supervisor, Oaks Hall, Rm. 101, 828-339-4304, Tutoring@southwesterncc.edu (SSS students can receive up to 5 hours of free tutoring per week.) **Last day to request a tutor: Friday, November 18th**

SSS Gardening Club



The SSS Gardening Club is gearing up for an active fall semester. Caleb Sullivan is the president of the Gardening Club this year and says **“The gardening club provides a great opportunity for all students to get down and dirty for their community. Half of our crops are donated to the community table while the other half we get to enjoy for ourselves. Come one, come all for maters, taters, and good times!”** The club has been active throughout the spring and summer maintaining our plot at Cullowhee Community Garden. We donated tomatoes, squash, cucumbers, and herbs to the Community Table in Sylva to help with hunger relief efforts in Jackson County. We still need volunteers to help! An informational meeting will be held Wednesday, October 26th at 1:30pm in SSS.