

January 2015



## Upward Bound Times

### Upcoming Events:

January 26-First All Group  
of the new year

January 28-FAFSA Night  
for seniors at SMHS  
(5:00pm SMHS Media  
Center)

February 28-FAFSA Day  
for UB seniors  
(SMHS or SCC Macon  
Campus 9:00am-12:00pm)

February 28-National Trio  
Day AND UB Service Day

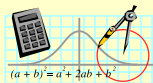
March 21-College Visit to  
ETSU

March 14-SAT-All UB  
juniors will be registering  
for SAT during UB tutoring

March 17-ACT- All juniors  
will take the ACT at your  
high school

April 10-SCC and UB 50th  
Anniversary Celebration!

**If you need academic  
supplies, don't forget to  
ask!**



**Upward Bound also  
has SAT/ACT study  
materials.**



The Upward Bound program went to Save The Animals Rescue (STAR) on Saturday, October 4th to spend the day helping out on the ranch. STAR Ranch is an animal rescue organization that is a "refuge for abused, neglected and abandoned horses and other hooved animals".

First, we met all the animals including horses, donkeys, goats, cats and dogs. Then we divided up according to which animals and jobs we wanted to help with. Several headed

over to clean out the goat house, while a few stayed back to paint the recently donated horse corral. Others ventured next door to the new Feline Urgent Rescue of WNC (FUR) or as we call it, "the cat house", to help clean and spend quality time with the kittens and cats.

Animals all over the world are in need, and with just our little bit of time we made a huge difference for the ranch. We learned there are many animals that need help and

many that don't have the support of a place like STAR. It would be amazing if every county had a similar rescue organization.

We thank Karen for allowing us to come and help for the day and many of us would love to go back any chance we get. As Upward Bound students, we love volunteering in our communities. STAR Ranch is one of the many places we enjoy helping.

*Autumn P.*



For more information and volunteer opportunities at STAR or FUR please visit:  
<http://star-ranch-rescue.com/> and <http://furofwnc.org/>

# UPWARD BOUND

A FEDERAL TRIO PROGRAM

50 YEARS  
1964-2014

August 20-Lyndon B. Johnson signs the Economic Opportunity Act that ultimately creates the Upward Bound Program

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Student Support Services program established, creating what is now known as the Federal TRIO programs with the goal of supporting students attending and graduating from college

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Upward Bound Program is established at Southwestern Community College

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9

Upward Bound Program 50th year celebration

15 years at SCC

SCC 50th year celebration

SCC UB regional winner in the Council for Opportunities in Education video competition

("UB Perspectives" on youtube.com)

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# What do our students say about Upward Bound?

## Upward Bound is...

"the motivation to challenge myself to do good for me and for others." Crystal

"a huge help and has given me many opportunities." Lyndsi

"exploration of courage and confidence in ourselves." Kylie

"an amazing adventure." Autumn

"a place that has helped me socialize and have more friends." Naomi

"a great experience and I recommend it." Christian

"a great program that helps shape young adults into productive college attending members of society." Kristina

"help achieving in school." Jacob

"the best thing to happen to me! It has allowed me to make so many friends and helped me become a better person overall." Megan

"help with high school and college preparation." Heather

"is the reason people have lives!" Payton

"a great program to be a part of because it allows you to have so many awesome opportunities. It helps you have great confidence in yourself and helps you open up. Oh, and IT'S FUN!" Kayla

"is full of fun and awesome people." Alicia

"a fandidillytastic learning experience and influences shy people to come out of their shell." Britt

"an amazing experience; having information on college is crucial." Cassy

"awesome and literally I enjoy every minute of it and I love Annette, Cheryl and Erica." Chloe

"is the second family that you can always count on." Katlyn

"well worth it because, everyone in it is awesome." Laurel

"help to start looking for the right college, when before I was completely clueless." Bristol

"indescribable." Tristin

"an opportunity of a lifetime. It's opening new doors for me and leading me to a better future." Alysia

"a program that makes you work hard so you can get your dreams." Emily

"courage and confidence in ourselves." Kylie



**Heather Styles**  
**Mars Hill University, Junior**  
**UB Class of 2012**

As an Upward Bound alumni, I am proud and happy to share my experience in furthering my academic and personal plans and actions following graduation from high school and Upward Bound.

I was extremely fortunate to have been recommended by my academic advisor to pursue an internship opportunity through Arts For Life located out of Mission Hospital in Asheville, NC; I was thrilled! I researched the Arts For Life program and discovered that the non-profit program functioned through grants in providing art programs for patients (primarily children) and their families while facing disabilities, serious and/or terminal illnesses, etc. The program is designed to decrease patient and family anxiety and to provide an artistic outlet from the constant pain and hardships that accompany terminal or chronic illnesses, and disabilities.

The program followed through with exactly what I wished to accomplish with my education: it allowed me to share my passion for psychology, counseling, and art and granted me the opportunity to help people by bringing them peace in situations that were seemingly out of their control.

## College Connection

### Fast Facts:

Founded in 1911  
 Located in Johnson City, Tennessee  
 11, 648 Undergraduates  
 For a Complete List of Majors visit:  
<http://www.etsu.edu/etsuhome/progstudy.aspx>



<http://www.etsu.edu/>

We are touring as an Upward Bound group on March 21<sup>st</sup>!

## Career Exploration

Do YOU enjoy thinking about ways to develop or improve products? As a Biomedical Engineer, you have the opportunity to work with scientists to develop products such as prostheses, data management systems, artificial organs and a wide variety of tools used for diagnostic processes.

Sound interesting? Then check out this program:

Bachelor of Science degree concentration in Biomedical Engineering Technology

<http://applieddesign.etsu.edu/biomed/>

## Congratulations!

### Rites of Passage Leadership Program

#### Butterflies:

Rachel S.	Amber A.	Autumn P.	Laurel W.	Naomy B.
Katlyn B.	Jason M.	Autumn F.	Christian Q.	*Emily A.
*Morgan C.	*Jessica B.	*Katharine M.	*Erin M.	*Megan B.
*Kristina F.	*Lyndsi Y.	*Brooke H.	* Indicates leaders inducted this year	

## Congratulations!

### VB Student Council

CHS- Autumn P.  
 FHS- Katlyn B.

SHS- Rachel S.  
 SMHS- Naomy B.

### Tentative Summer Dates:

June 22- July 30

<http://www.southwesterncc.edu/upward-bound>