



How are you doing? Don't struggle, let us support you!

Please find the list below of the numerous resources SCC has for providing support in different areas.

[View our Student Resource Guide.](#)

How are you? General Resources

Counseling

SCC students have 24/7/365 access to free mental health counseling through the Student Assistance Program. Counseling is available face-to-face, virtually, or by phone. To meet with a counselor call 800.633.3353. Sheila Davis is also available to meet with students, faculty and staff to provide mental health counseling. You can email her at sm_davis@southwesterncc.edu to set up an appointment.

Fitness Center	The Fitness Center is located on the 2nd floor of Bradford Hall on the Jackson Campus. It is equipped with free weights and cardio machines which are free to all SCC students. The Fitness Center is open 8 am - 5 pm Monday - Thursday and 8 am - noon on Friday for students.
<u>Nature Trail</u>	The nature trail offers the opportunity to enjoy nature and exercise at the same time! A trail map is located in front of the Balsam Center with trail markers posted around campus.

How are your finances?

Financial Resources

Campus Cupboard	On the Jackson Campus, the Campus Cupboard food pantry is located in the Balsam Center on the 1st floor, with other smaller locations available around campus. Food is also available on the Macon Campus and at the Swain Center. Food is available anonymously to students to help provide nutrition.
<u>Emergency Fund</u>	SCC's Student Emergency Fund is available to help students get through situations that are unexpected. This program is ideal when you have small, time-sensitive financial needs such as fuel for your vehicle. To apply for assistance, contact Allison Kaserman of the SCC Foundation: a_kaserman@southwesterncc.edu or 828.339.4227.
Finish Line Grant	The Finish Line grant is available to students enrolled in health sciences or career technologies programs who have completed at least 50% of their program with a 2.0 GPA. To request funds, follow the steps identified at our Financial Emergency website , and contact the SCC Financial Aid office at 828-339-4438 to take the next steps.
Community Table	The Community Table offers free meals on Monday, Tuesday, Thursday and Friday from 4 - 5:30 pm. It is located in downtown Sylva on Central Drive next to the Sylva pool.
<u>SCC Scholarships</u>	SCC awarded 264 scholarships valued at \$418,700 in 2025. The application for scholarships opens in the spring semester each year.

Are you passing all of your classes?

Course Resources

Free Tutoring	SCC offers free drop-in or by-appointment assistance to enrolled students. Contact Jordan Upton at 828.339.4325 for additional information or to request a tutor.
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Learning Assistance Centers (LAC)	<p>Learning Assistance Centers are located on the Jackson and Macon Campuses. On the Jackson Campus, the Learning Assistance Center is located in Oaks Hall, Room 101. The Macon LAC is located in the Groves Center Room 230. Free, drop-in assistance is provided by Learning Consultants who offer a variety of specialties. A Writing Consultant is on duty at all times during operating hours, and a Mathematics and/or Sciences Consultant is on duty during most of those hours. Learning Consultants also help to strengthen basic skills, such as test preparation, computer/Internet use, reading, and research. Contact Jordan Upton at 828.339.4325 or j_upton@southwesterncc.edu for the Jackson LAC or Elizabeth Proffitt at 828.306.7025 or e_proffitt@southwesterncc.edu for the Macon LAC.</p>
Student Support Services (SSS)	<p>Student Support Services offers to eligible students academic and financial support, cultural and volunteer enrichment activities, as well as outdoor adventures. Contact SSS at 828.339.4420 or sss@southwesterncc.edu.</p>
<u>Holt Library</u>	<p>The library offers an ideal setting for finding a quiet space to study. A printer, computers, study rooms, and very helpful staff are available. The library is open Monday-Thursday (8 am - 5 pm) and Friday (8 am – 12 pm). Call 828.339.4288 or email library@southwesterncc.edu for more information</p>
ThinkingStorm Online Tutoring	<p>ThinkingStorm (TS) provides 240 minutes of free online assistance for each SCC student during fall and spring semesters and the summer session. SCC students must access and use TS's online-tutoring services by clicking on the “Tutoring” button in any SCC Moodle course. (Note: Using TS in any other way might result in charges for a student.)</p>
<u>Student Accessibility</u>	<p>The Office of Student Accessibility works in partnership with students, faculty, and staff to eliminate or minimize barriers and facilitate access and inclusion in the college experience and learning process for students. Students with visible or invisible disabilities have a right to reasonable accommodations in college classes and activities. Common accommodations include extended time, dictation software, private settings for test-taking, and more. Contact accessibility@southwesterncc.edu or 828.339.4398 to learn more.</p>

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