

7 HABITS OF HIGHLY EFFECTIVE COLLEGE STUDENTS

By FranklinCovey

SELF-MANAGEMENT

Habit 1: Be Proactive®

I am responsible for my education and life.

Habit 2: Begin With the End in Mind®

I have a plan for what I want to accomplish.

Habit 3: Put First Things First®

I do the most important things first.

INTERPERSONAL SKILLS AND TEAMWORK

Habit 4: Think Win-Win®

I am considerate of others, but I also have the courage to stand up for myself.

Habit 5: Seek First to Understand, Then to Be Understood®

I hear people out before expressing my own opinion.

Habit 6: Synergize®

I value the strengths of other people and combine them with my own to solve problems.

WELLNESS

Habit 7: Sharpen the Saw®

I regularly recharge my body, heart, mind, and spirit so I can stay sharp and improve myself.

Source: <http://7habitscollege.com/> accessed: 4/25/2016