

A.S.P.I.R.E. – A Study System

The A.S.P.I.R.E. exercise:

A: Approach/attitude/arrange

- Approach your studies with a positive attitude
- Arrange your schedule to eliminate distractions

S: Select/survey/scan

- Select a reasonable chunk of material to study
- Survey the headings, graphics, pre- and post- questions to get an overview
- Scan the text for keywords and vocabulary: mark what you don't understand

P: Piece together the parts

- Put aside your books and notes
- Piece together what you've studied, either alone, with a study pal or group: summarize what you understand.

I: Investigate/inquire/inspect

- Investigate alternative sources of information you can refer to: other text books, websites, experts, tutors, etc.
- Inquire from support professionals (academic support, librarians, tutors, teachers, experts,) and other resources for assistance
- Inspect what you did not understand.

R: Reexamine/reflect/relay

Reexamine the content | Reflect on the material | Relay understanding

- Reexamine: What questions are there yet to ask? Is there something I am missing?
- Reflect: How can I apply this to my project? Is there a new application for it?
- Relay: Can I explain this to my fellow students? Will they understand it better if I do?

E: Evaluate/examine/explore

- Evaluate your grades on tests and tasks: look for a pattern
- Examine your progress: toward achieving your goals
- Explore options: with a teacher, support professional, tutor, parent if you are not satisfied.