

Social & Human Services - Addiction and Recovery Studies - Health Sciences



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ABOUT THIS FIELD

The Addiction & Recovery Pathway within the Social and Human Services program prepares students to support individuals, families, and communities affected by substance use and co-occurring mental health conditions. This pathway is ideal for students interested in careers in substance use treatment, recovery support services, prevention programs, case management, or as preparation for further education in addiction counseling, social work, or behavioral health.



WHAT YOU'LL STUDY

Coursework in the Addiction & Recovery Pathway focuses on the science of addiction, ethical practice, recovery models, trauma-informed care, cultural humility, and advocacy. Students study substance use disorders, co-occurring conditions, prevention strategies, treatment approaches, and community-based recovery supports. Emphasis is placed on professional boundaries, client-centered practice, and real-world application. Supervised fieldwork allows students to apply their learning in treatment and recovery settings with appropriate support.



WHAT YOU CAN DO

Graduates of the Addiction & Recovery Pathway are prepared for entry-level positions in a range of substance use and recovery-oriented settings, including substance use treatment programs, recovery support and peer services, community outreach and prevention programs, medication-assisted treatment (MAT) programs, residential recovery programs, case management and care coordination, nonprofit and advocacy organizations, correctional and reentry support programs. This pathway also provides a strong foundation for students pursuing further education in addiction counseling, behavioral health, social work, or related helping professions.


PROGRAM START DATES:

Refer to college catalog for deadline dates

FOR MORE INFORMATION CONTACT:

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Social & Human Services - Addiction and Recovery Studies - Health Sciences

CLASSES YOU'LL NEED TO TAKE

ASSOCIATE IN APPLIED SCIENCE (AAS) - A45380A

Total Semester Hour Credits: 67

FALL SEMESTER 1

Prefix	Number	Title	Class	Lab	Clinical	Credit
ACA	111	College Student Success	1	0	0	1
ENG	111	Writing and Inquiry	3	0	0	3
HSE	110	Introduction to Human Services	2	2	0	3
HSE	123	Interviewing Techniques	2	2	0	3
PSY	150	General Psychology	3	0	0	3
SAB	110	Intro to Addiction & Recovery	3	0	0	3
		Totals	14	4	0	16

SPRING SEMESTER 1

BIO	110	Principles of Biology	3	3	0	4
HUM	115	Critical Thinking	3	0	0	3
HSE	223	Counseling Theories and Skills	3	0	0	3
HSE	225	Crisis & Intervention Principles	3	0	0	3
SOC	210	Introduction to Sociology	3	0	0	3
		Totals	15	3	0	16

SUMMER SEMESTER

HEA	110	Personal Health & Wellness	3	0	0	3
HSE	220	Case Management	2	2	0	3
		Totals	5	2	0	6

FALL SEMESTER 2

ENG	114	Professional Research & Reporting	3	0	0	3
HSE	210	Diversity Ethics and Trends	3	0	0	3
HSE	212	Group Dynamics	3	0	0	3
SAB	120	Intake and Assessment	3	0	0	3
SAB	135	Addictive Process	3	0	0	3
		Totals	15	0	0	15

SPRING SEMESTER 2

COM	231	Public Speaking	3	0	0	3
SAB	210	Addiction and Recovery Counseling	3	0	0	3
SAB	240	Diversity, Ethics and Trends	3	0	0	3
SOC	220	Social Problems	3	0	0	3
WBL	111	Work Based Learning I	0	0	10	1
WBL	115	Work Based Learning Seminar II	1	0	0	1
		Totals	15	0	10	14

DIPLOMA/CERTIFICATE OPTIONS

DIPLOMA - D45380A

Total Semester Hour Credits: 43

FALL SEMESTER 1

Prefix	#	Title	Class	Lab	Clinical	Credit
ACA	111	College Student Success	1	0	0	1
ENG	111	Writing and Inquiry	3	0	0	3
HSE	123	Interviewing Techniques	2	2	0	3
HSE	210	Diversity, Ethics and Trends	3	0	0	3
SAB	110	Intro to Addiction & Recovery	3	0	0	3
SAB	120	Intake and Assessment	2	2	0	3
SAB	135	Addictive Process	3	0	0	3
		Totals	17	4	0	19

SPRING SEMESTER 1

HSE	212	Group Dynamics	3	0	0	3
HSE	225	Crisis & Intervention Principles	3	0	0	3
HUM	115	Critical Thinking	3	0	0	3
SAB	210	Addiction & Recovery Counseling	3	0	0	3
SAB	240	Diversity, Ethics & Trends	3	0	0	3
		Totals	15	0	0	15

SUMMER SEMESTER

HSE	220	Case Management	2	2	0	3
PSY	150	General Psychology	3	0	0	3
SOC	210	Introduction to Sociology	3	0	0	3
		Totals	8	2	0	9

CERTIFICATE - C45380A, C45340AP*

Prefix	#	Title	Class	Lab	Clinical	Credit
SAB	110	Substance Abuse Overview	3	0	0	3
SAB	120	Intake and Assessment	2	2	0	3
SAB	135	Addictive Process	3	0	0	3
SAB	210	Addiction & Recovery Counseling	3	0	0	3
SAB	240	Diversity, Ethics & Trends	3	0	0	3
		Totals	13	4	0	15

*This certificate or pathway is offered to high school students through the Career & College Promise initiative. Please refer to the Career & College Promise page in this catalog for additional information.