

January 2019



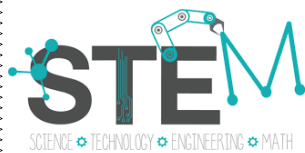
Upward Bound Times

UPCOMING EVENTS:

January 28 - All Group
February 20 - ACT for juniors
at your high school
February 25 - All Group
March 1-3- Leadership
Conference
(leaving after school)
March 9 - SAT for juniors
March 25 - All Group
April 29 - All Group
May 20 - All Group
(Senior Presentation)
UB Tentative Summer Dates -
June 17-July 25

GREAT news for Upward Bound participants!

In October, SCC UB received additional funding from the Department of Education for STEM activities for this year! We will be conducting more activities around the academic fields of science, technology, engineering and math. In addition, all SCC UB students receive free 24/7 online tutoring with ThinkinStorm.



Service Day

On this lovely December day, I could be found sitting at a small table with some of my companions. We were laughing with zest and poking fun as we wrapped warm gloves and fluffy hats.

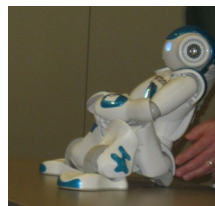
As a friend of mine was clearly struggling with wrapping and I was using way too much tape, I began to wonder. Why

would a group of zealous and slightly rambunctious teenagers be part of a service project? Well, one of my fellow students, Makayla Y., said this, "It was a fun way to help others in need." This statement is just a small example of how much we enjoy helping others. From decorating the gift bags to filling candy bags, we all pitched in

and had an awesome time.

"It was an amazing opportunity. Not only did others benefit, but we did as well," says Ciara J. We in Upward Bound hope to continue to do more in the future.

~Skylar H.



Upward Bound students participated in a STEM mini expo in November. Presenters included SCC faculty and staff Jim Falbo (Robotics), Randi Neff (Astronomy), Jennifer Siweumtewa (Molecular Gastronomy) and Kurt Berger (The Digital Age).



Tentative Summer Dates:

June 17-July 25

CONGRATULATIONS!

Rites of Passage Leadership Program

Butterflies:

Autumn G.
Amber G.
Scott A.
Meredith P.
Cheyenne H.
McKenzie C.
Brianna N.
Jeffrey T.
Rae S.
Zak J.
Shawn B.
Destiny M.
Kierra S.
Serena H.
Autumn B.
Alaina C.
*Ciara J.
*Alyssa S.
*Tyler C.

* Indicates January Inductees

Testing Practice:

- College Foundation of North Carolina
www.cfnc.org
- Khan Academy
www.khanacademy.org/sat
- CollegeBoard
www.collegeboard.org
- ACT
www.act.org

College Connection

East Tennessee State University
<http://www.etsu.edu/>

Fast Facts:

Founded in 1911
Located in Johnson City, Tennessee
Over 14,500 undergraduate, graduate and professional students

For a Complete List of Majors visit:
<http://www.etsu.edu/etsuhome/progstudy.aspx>



Career Exploration

Do YOU enjoy thinking about ways to develop or improve products?

As a Biomedical Engineer, you have the opportunity to work with scientists to develop products such as prostheses, data management systems, artificial organs and a wide variety of tools used for diagnostic processes.

Sound interesting? Then check out this program:

Bachelor of Science degree concentration in Biomedical Engineering Technology
<http://applieddesign.etsu.edu/biomed/>

College Visit: UNC Asheville

On November 10th, our fellow Upward Bounders and myself took a tour of the University of North Carolina at Asheville. We explored the college with Riley M., an Upward Bound Alumna, currently attending UNCA. We

explored the many different programs offered and burned a few calories with their very scenic campus. After touring the college, we took a trip down to the STEAM center to see the "Wake" sculpture that some of the UNCA students

helped create a few years ago, which was located in New York City. Overall, it was a great experience for those of us who had the opportunity to go.

~Autumn B. and Tyler C.



Time Management

Let's say it's Monday and your teacher assigns a paper for you to write that is due on Friday. Well, you go all week not thinking about it and then it's Thursday night and you haven't even started on your paper at all. You become stressed and you just throw together a paper that isn't your best work, but you waited until the last minute so it's your only option. You end up getting a bad grade. Now let's take a different look at this

scenario. It's Monday and your teacher assigns a paper due on Friday. As soon as you get home from school on Monday, you start on your paper by writing a little and then on Tuesday you write some more. Finally, Wednesday you finish writing your paper, so on Thursday you completely edit your paper making sure you are satisfied and happy with your work. You turn it in on Friday and get an amazing grade.

The point I'm trying to make is that time management is very important. This is an example that every high school student can relate to. If you use time wisely and work on an assignment little by little everyday then you will get the assignment done, not be stressed about it, and have time to make changes to ensure you're happy with your work.

~Meredith P.



<http://www.southwesterncc.edu/upward-bound>