

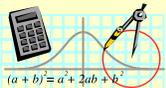


# Upward Bound Times

## Upcoming Events:

- January 27-First All Group of the new year
- February 24-All Group
- March 27-28-Leadership Conference
- March 30-All Group
- April 25-Service Day
- April 27-All Group
- May 18-All Group "Honoring UB Seniors"
- Summer starts June 15th!

If you need academic supplies, or other resources, don't forget to ask!



## Resources:

- College Foundation of North Carolina [www.cfnc.org](http://www.cfnc.org)
- Khan Academy [www.khanacademy.org/sat](http://www.khanacademy.org/sat)
- CollegeBoard [www.collegeboard.org](http://www.collegeboard.org)
- ACT [www.act.org](http://www.act.org)
- Thinking Storm [www.thinkgstorm.com/sccub](http://www.thinkgstorm.com/sccub)  
24/7 tutoring – Free for UB

## Spread the Joy

Upward Bound students gathered on November 25<sup>th</sup> to spread the Christmas spirit! We decided to make gift bags for the Jackson County Department of Aging. Collections were donated by our SCC community throughout November

and December. At our event, we divided into different groups to finish everything in time for delivery. The first group wrapped donated gifts. Another group stuffed candy in boxes so each person would get a sweet treat. The

final group decorated the gift bags so we could stuff all the goodies in a beautiful bag of holiday joy. We hope the Jackson County Department of Aging enjoyed our gifts as much as we enjoyed preparing them!

~Adia F. & Destiny S.



## Upward Bound Celebrates 20 Years at SCC!

We had a delightful evening celebrating our 20<sup>th</sup> anniversary with current participants, alumni, and staff. Thom Brooks, Vice-President of Instruction and Student Services, welcomed the crowd and then we all enjoyed interactive activities. Dr. Tomas,

SCC's President and Cheryl Contino-Conner, Dean of Students, also joined in for some of the fun. Tracy Chapple, the first UB Director at SCC, and Phillip Lynn, the first UB high school graduate, gave a few words of wisdom. Alumni, Chloe Tallent

and Britt Cochran, provided live dinner music as we all feasted on a catered dinner supported by the SCC Foundation. Alumni as far away as Florida came to celebrate with us and it was an event to remember (see the photos)!

~Director, Annette Kesgen



# What do our students say about Upward Bound?

## Upward Bound is...

"the motivation to challenge myself to do good for me and for others." Crystal

"a huge help and has given me many opportunities." Lyndsi

"positive attitudes, preparation for the future, and supportive staff." Amber

"an amazing adventure." Autumn

"a place that has helped me socialize and have more friends." Naomi

"a great experience and I recommend it." Christian

"a great program that helps shape young adults into productive college attending members of society." Kristina

"help achieving in school." Jacob

"the best thing to happen to me! It has allowed me to make so many friends and helped me become a better person overall." Megan

"help with high school and college preparation." Heather

"fun college visits." Lindsey

"a great program to be a part of because it allows you to have so many awesome opportunities. It helps you have great confidence in yourself and helps you open up. Oh, and IT'S FUN!" Kayla

"full of fun and awesome people." Alicia

"a fandidillytastic learning experience and influences shy people to come out of their shell." Britt

"opening my eyes to many possibilities and having a positive mindset." Autumn

"well worth it because, everyone in it is awesome." Laurel

"awesome and literally I enjoy every minute of it and I love Annette, Cheryl and Erica." Chloe

"the second family that you can always count on." Katlyn

"making new friends." Laila

"meeting new people and being at SCC learning from the amazing staff." Jordan

"an opportunity of a lifetime. It's opening new doors for me and leading me to a better future." Alysia

"a program that makes you work hard so you can achieve your dreams." Emily

"courage and confidence in ourselves." Kylie



**Tentative Summer Dates:**

**June 15-July 24**

### **Congratulations! Rites of Passage Leadership Program**

#### **Butterflies:**

- Rae S.
- Kierra S.
- Brianna N.
- Amber G.
- Scott A.
- Shawn B.
- Zak J.
- Serena H.
- Mckenzee C.
- Jeffrey T.
- Destiny M.
- Autumn B.
- Alyssa S.
- Tyler C.
- Taleigh V.
- Maggie K.

## **College Connection**



- Located in Greensboro, NC
- Total enrollment: 12,556
- Located close to Research Triangle Park
- 54 undergraduate degree programs, 29 master's programs
- Consider these programs: Chemical Engineering, Mechanical Engineering, Agricultural and Environmental Sciences, Animal Science

## **Career Exploration**



**Do you enjoy testing and designing video games?  
If so, consider Simulation and Game Development as a potential career path!**

Check out these videos for more information:

Day at Work: Video Game Designer  
<https://www.youtube.com/watch?v=c0o6BPYKBiA>

Creating New Worlds: A Journey Through Video Game Design (TED talk)  
<https://www.youtube.com/watch?v=x313GWFiKgU>

Things to Consider: There are more than 40 simulation and game companies in the Triangle area (Raleigh, Durham, and Chapel Hill)!

## **The Hard Life of a Student Athlete**

### **Summer Institute 2019!**

Students enjoyed a five-week program on the campus of SCC taking academic and elective classes. This year's theme was "We Are All STEM", so there was an additional focus on how all interests can be related to science, technology, engineering and math.

The summer culminated with a college tour trip to Florida. Students toured Savannah College of Art and Design (SCAD), the University of Florida, and the Kennedy Space Center.

I played three sports until my sophomore year of high school. Those were amazing years that I would not trade for anything. As a middle school student, I cared about school, but sports were always on my mind. I thought one day I would try and get an athletic scholarship to a huge school, preferably the University of Tennessee. But once I hit junior year, I realized that I have huge respon-

sibilities that come before sports. I have community service hours, AP homework, family, scholarships, and many more. This is when I decided to drop the sport I love the most: basketball. When I made this decision it was super hard, but I knew I would grow from the outcome. The months I did not have to go to practice or play a game until eight o'clock every night (then go home and do at least

four hours of homework) have been eye-opening. I took this time to work more, research more colleges, and even tour two new colleges- NC State and UNC-Chapel Hill. When I toured both of these schools I realized that it was only going to be a year and a half before I stepped onto a campus I fell in love with because I made time. Now as a senior, my dreams are becoming a reality.

*~ Kierra S.*