



Resources for Student Veterans

- The **US Department of Veterans Affairs** now has a single national helpline: 844/MYVA311 (844/698-2311).
- **Vet Centers** offer their individual and group counseling services; education and outreach; employment assessment and referral; and VBA benefits explanation and referral at no cost to active duty and reserve component service members, Veterans, and their families. For immediate, confidential assistance 24/7, contact the **Vet Center Combat Call Center** at 1-877-WAR-VETS (927-8387) or <https://www.vetcenter.va.gov/>. In addition, Vet Centers staff Mobile Vet Centers (MVCs) that can be scheduled for campus visits. The MVCs extend the Vet Centers' outreach through direct services and referrals to community resources.
 - Charlotte: 704/549-8025
 - Fayetteville: 910/488-6252
 - Greensboro: 336/323-2660
 - Greenville: 252/355-7920
 - Jacksonville: 910/577-1100
 - Raleigh: 919/361-6419
- The **North Carolina National Guard** has a behavioral health crisis line that officers and enlisted can call at any time of day: 855/322-3448.
- The State of North Carolina is divided into 7 local management entities or managed care organizations (LME/MCOs). To identify which **LME/MCO** is yours, go to <https://www.ncdhhs.gov/providers/lme-mco-directory>. This website lists the LME/MCOs along with a crisis line and general information number. Each LME-MCO has a **Veteran Point of Contact (VPoC)** who can assist Veterans and family members. Contact information for VPoCs follows:
 - Alliance Behavioral Healthcare: Hank Debnam (910-491-4798; hdebnam@alliancebhc.org)
 - Cardinal Innovations Healthcare Solutions: Emily Smith (704-939-7803; emily.smith@cardinalinnovations.org)
 - Eastpointe: Katina Dial-Scott (800-513-4002; kdialscott@eastpointe.net)
 - Partners Behavioral Health Management: Jamie Sales (828-323-8053; jsales@partnersbhm.org)
 - Sandhills Center: Kellie Moran (336-389-6132; KellieM@sandhillscenter.org)
 - Trillium Health Resources: Ashley Rhea (866-998-2597; Ashley.Rhea@trilliumnc.org)
 - Vaya Health: Meredith Comer (828-225-2785; meredith.comer@vayahealth.com)
- **NC Serves** is a collaborative network of public agencies and private and nonprofit organizations that provide referrals to services and supports for Veterans and their families (<http://americaserves.org/veterans/americaserves-locations/north-carolina/>).
 - Charlotte-Metrolina: 855/425-8838
 - RDU-Fayetteville: 866/249-6656

- Coastal Carolina: 844/435-1838
 - Western Carolina: 855/WNC-VETS (962-8387)
- Each county has a **Veteran Services Officer (VSO)** who can assist Veterans in determining their benefits. To identify your VSO, go to <http://www.nc4vets.com/search/node/Veteran%20Services%20Officer> and type in your zip code.
- **NC Resource Guide** can be downloaded from <http://www.nc4vets.com/blog/resource-guide>.
- For additional resources, see <http://ncgwg.org>.