

Upward Bound Times

Upcoming Events:

May 15– All Group "Honoring UB Seniors"

June 12-Summer Institute Begins

July 13-Summer Institute Banquet

July 17-20-College Tour trip for eligible students



Congratulations to all UB students that received Academic Excellence, Academic Honors or Rites of Passage Leadership awards this year!



Franklin High School

Gabe Bingham Kayla Cabe Britt Cochran Chloe Tallent

Smoky Mountain High School

Emily Alligood Naomy Bravo Morgan Carpenter Lorena Lopez

Swain High School

Alicia Green Kylie Pond



Service Day: STAR Ranch

We visited STAR (Save The Animals Rescue) Ranch Saturday, April 29th. It was a very interesting trip. When we first arrived we met Karen. She is the owner and founder of STAR Ranch. She gave us an overview of what the ranch stands for, what they do, daily tasks of the volunteers, and a brief description of the animals.

Then we proceeded to meet

Robert, who is the main caretaker of the animals. After we met with Robert, we went into a classroom where we were split into teams for different jobs. The jobs consisted of painting fences and the front of the barn, taking down Christmas decorations, and brushing the horses. Overall, it was a wonderful service day and definitely one you need to experience if you haven't already!

~Zak J





College Visit

Appalachian State University

Appalachian State is a place where the students seemed to be able to explore many majors, clubs and campus organizations. When we toured, everyone was being theirselves and doing what they wanted to do. I noticed that no one there was judging them or tearing them down in any way. The students appeared free to be themselves with no limitations.

I enjoyed touring the library. There are four floors, each divided based on how quiet you need it to be to study. The fourth floor is the quietest. If you were to unzip your backpack or even

click a pen on the fourth floor, you would automatically get looks of concern telling you to be quiet. They also have game rooms you can reserve when you just need to relax and take a break. Don't worry about having to bring your own equipment because they have Xboxes, Wii's, Playstations, games, etc. that you can rent. They also have a movie theater where you can watch movies that have just come out for \$2 including popcorn and a drink as long as you are a student.

~Cheyenne H.

Congratulations! Rites of Passage Leadership Program

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Mountain Lion:

*Kylie P.

Wolves: *Emily A.

*Addie B.

Butterflies:

Naomy B.

Morgan C.

Lyndsi Y.

Anya W.

Tristin B.

Alysia F. Britt C.

Chloe T.

Tyler P.

Lorena L.

Chase Q.

Hannah S.

Kayla C.

Autumn G.

Scott A.

Madison P.

Riley M.

Niobie R.

Meredith P.

*Morgan P.

*Chase B.

*Gabe B.

*Cheyenne H. *Amber G.

* Indicates May Inductees



Be Proactive

Senior year is a rollercoaster that has its ups and downs along with some unexpected turns. This is the year where everything you did in the past catches up to you. Whether it's good or bad, you'll pay the consequences. My advice? Be proactive. Every little action has a ripple effect on your future; it doesn't matter if you ignore it. So why not take the initiative now and work for a better future? Go and try out that new sport, join that club, make that grade you have the potential to make. Make those memories that will last forever; you won't regret it.

To have a bright future you have to work for it. Life doesn't hand out participation trophies. The first step is to start from within. Make that decision to build your future into the one that you want. Then, work on the things that can influence your life positively instead of just reacting to external forces. "Don't wait for the perfect moment. Take the moment and make it perfect."

One last thing, enjoy high school. Life changes completely when you leave and start anew. Don't overfill your plate to where you have no time for yourself, your family, your friends, or even your pets. It is just as important to plan your future as it is to live in the now. You'll do great things and great things will come to you but some things take time so enjoy what you have now while you still have

~Kylie Pond

Upward Bound Seniors



Emily Alligood

Southwestern Community College



Gabe Bingham

Southwestern Community College



Naomy Bravo

Southwestern Community College



Kayla Cabe

Southwestern Community College Western Carolina University Appalachian State University

New Century Scholar Junaluskee Foundation Scholarship



Morgan Carpenter

Haywood Community College Southwestern Community College

Jackson County Genealogy Society Scott Foundation Scholarship





We are very thankful for the many visits and updates from our alumni! There is not enough room here to share all their stories, but we wanted to mention as many as possible:

- Dakota Burrell is graduating from Berea College in May with a Bachelor of Science degree in Agriculture and Natural Resources and a minor in Biology
- Bri Willingham was hired at Cherokee Indian Hospital
- Sarah Lawson is teaching in the Swain County School System
- Jenny DeRose was pinned in the pharmacy program at Nova Southeastern University
- Heather Styles was accepted into the Clinical Psychology Program at Western Carolina University for Fall 2017
- Sean Nilan graduated from Berea College with a Bachelor of Arts degree in Biology and a field concentration
- Philip Lynn graduated from Liberty University with a Bachelor of Science degree in Interdisciplinary Studies focusing on Business and Psychology
- Lorena Yanez graduated from Western Carolina University with a Bachelor of Science degree in Communication along with a minor in Business Administration
- Haylie Prottsman is completing an internship this summer in New Orleans at the Audubon zoo

Upward Bound Seniors



Britt Cochran

UNC-Asheville

NC State University Western Carolina University UNC-Charlotte



Alicia Green

Southwestern Community College

New Century Scholar



Lorena Lopez

Southwestern Community CollegeAB Tech Community College

New Century Scholar Western Carolina University Honors College







Kylie Pond

UNC-Greensboro
UNC-Asheville
UNC-Charlotte
NC State University
Appalachian State University
Southwestern Community College

UNC-Greensboro Honors College UNC-Greensboro McDougald Scholarship UNC-Greensboro Blue and Gold Merit Scholarship Wendy's Heisman Scholarship





Chloe Tallent

Mars Hill University UNC-Greensboro Western Carolina University Anderson University

Mars Hill University Leadership Scholarship Mars Hill University School of Music Scholarship

College Connection: University of North Carolina at Wilmington

Located in Wilmington, NC (We'll be touring this summer!)

13, 914 UndergraduatesAverage SAT: 1192Average ACT: 22-26

Average High School GPA: 4.13

Popular majors: Business, Management, Marketing, Biological and Biomedical Sciences



Please visit: http://www.uncw.edu/

Career Exploration: Oceanography

Would you be interested in researching the ocean? Interning with programs that are working in the ocean environment?

If so, consider this program: Bachelor of Science in Oceanography

- Analyze and interpret oceanographic data in both laboratory and field settings
- Apply practical methods and techniques to understand oceanographic problems

Program Website: http://uncw.edu/earsci/oceanography-bs.html

Visit this website to learn more about oceanographers and their jobs: http://oceanservice.noaa.gov/facts/oceanographer.html





Our Summer Institute dates are June 12-July 20th with the Annual Banquet on Thursday, July 13th at 7pm.

Our theme is "Mapping Your Future" and we will be focusing on critical thinking, decision making, and choices.

The Summer Institute will culminate with our College Tour Trip to UNC-Wilmington, East Carolina University and a visit to the Outer Banks of NC.



Experience the Total Solar Eclipse August 21, 2017



Visit: https://eclipse2017.nasa.gov/

"Mapping Your Future" Upward Bound Summer Institute 2017

Monday	Tuesday	Wednesday	Thursday	Friday
JUNE 12 SUMMER INSTITUTE 9am-4pm Monday-Thursday	13 Classes 9:00am-4:00pm	14 Classes 9:00am-4:00pm	15 Classes 9:00am-4:00pm	16 "Edmodo Challenge"
19 Classes 9:00am-4:00pm	20 Classes 9:00am-4:00pm	21 Classes 9:00am-4:00pm	22 Classes 9:00am-4:00pm	"Edmodo Challenge"
26 Classes 9:00am-4:00pm	27 Classes 9:00am-4:00pm	28 Classes 9:00am-4:00pm	29 Classes 9:00am-4:00pm	"Edmodo Challenge"
July 3 Classes 9:00am-4:00pm	4 HOLIDAY	5 Classes ' 9:00am-4:00pm	6 Classes 9:00am-4:00pm	"Edmodo Challenge"
10 Classes 9:00am-4:00pm "Edmodo Challenge"	11 Classes 9:00am-4:00pm	12 Classes 9:00am-4:00pm	13 Classes 9:00am-4:00pm UB SUMMER INSTITUTE BANQUET 7-9pm	14
College Tour Trip	to the Outer Banks of	19 f NC for eligible stu	20	