



HST - SUBSTANCE ABUSE CONCENTRATION

Health Sciences

PROGRAM OVERVIEW

The Human Services Technology Substance Abuse concentration prepares students to assist in drug and alcohol counseling, prevention-oriented educational activities, rehabilitation with recovering clients, managing community-based programs, counseling in residential facilities, and pursuit of four-year degrees.

Course work includes classroom and experiential activities oriented toward an overview of chemical dependency, psychological/sociological process, the twelve Core Functions, intervention techniques with individuals in groups, and follow-up activities with recovering clients.

Graduates should qualify for positions as substance abuse counselors, DUI counselors, halfway house workers, residential facility employees, and substance education specialists. With educational and clinical experiences, graduates can obtain certification by the North Carolina Substance Abuse Board.

PROGRAM HIGHLIGHTS

The Substance Abuse program offers step-by-step training of best practices by qualified North Carolina State Licensed Clinical Addiction Specialist instructors. Students learn specific knowledge of problem solving skills and critical thinking that translate directly to job readiness. Additionally, a large variety of professional and educational resources are available to all students within the program.

WHY SOUTHWESTERN

- The Substance Abuse Treatment certificate is designed to appeal to currently employed human services professionals who have an associate's, bachelor's or master's degree in related human services fields and are interested in gaining specialized training in the substance abuse field in counseling.
- The Human Services Technology and Substance Abuse curriculum encourages fellowship between human services students, offers opportunities for additional learning and networking, and promotes leadership.
- The Substance Abuse program is an approved provider for the North Carolina Substance Abuse Professional Certification Board.
- The program offers direct hands on co-op experiences at treatment agencies by Certified Clinical Supervisors.
- The Human Services Technology Department tracks available job openings in the region for its students and prepares them for entry into the job market.

AFTER GRADUATION

Upon successful completion of this program, graduates will be able to help people who have problems with alcohol, drugs, gambling and eating disorders. They will be able to counsel individuals who are addicted to drugs and identify behaviors and problems related to their addiction.

Upon graduation students are eligible to take the written examination from the North Carolina Substance Abuse Professional Certification Board. Upon passing, the graduate will then become a Substance Abuse Counselor Intern. The graduate may then function as a counselor under the supervision of a Board approved supervisor at a ratio of 1 hour of supervision for every 40 hours of practice. Graduates will be able to practice as a certified substance abuse counselor, and will be able to counsel individuals, groups and develop treatment plans.

EMPLOYMENT OPPORTUNITIES EXIST IN:

- Drug Treatment Centers
- Educational Agencies
- Educational Institutions
- Family Services
- Law Enforcement Agencies Employment opportunities exist in:
- Local/State/Federal Correctional Facilities
- Mental Health Institutions
- Rehabilitation Centers
- Social Services

TOP RECENT EMPLOYERS

- Cherokee Recovery Services
- Georgia Mountains Community Center
- Jackson County Family Resource Center
- MAST
- Meridian Behavioral Health Sciences
- Reach of Jackson County
- Reach of Macon County
- Western Carolina Treatment Center

NC STATE ESTIMATED ENTRY WAGE

\$20,240 - \$27,072

* Information found through the North Carolina Occupational Employment & Wages 2010

PROGRAM CONTACT INFORMATION

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ASSOCIATE IN APPLIED SCIENCE DEGREE (AAS) A4538E

FALL SEMESTER 1

Prefix	Number	Title	Class	Lab	Clinical	Credit
CIS	111	Basic PC Literacy	1	2	0	2
HSE	110	Introduction to Human Services	2	2	0	3
HSE	112	Group Process I	1	2	0	2
HSE	123	Interviewing Techniques	2	2	0	3
PSY	150	General Psychology	3	0	0	3
SAB	110	Substance Abuse Overview	<u>3</u>	<u>0</u>	<u>0</u>	<u>3</u>
		Totals	12	8	0	16

SPRING SEMESTER 1

ENG	111	Expository Writing	3	0	0	3
HSE	225	Crisis Intervention	3	0	0	3
PSY	241	Developmental Psychology	3	0	0	3
SAB	120	Intake and Assessment	3	0	0	3
SAB	135	Addictive Process	3	0	0	3
SOC	210	Introduction to Sociology	<u>3</u>	<u>0</u>	<u>0</u>	<u>3</u>
		Totals	18	0	0	18

SUMMER SEMESTER 1

ENG	114	Professional Research and Reporting	3	0	0	3
MAT	140	Survey of Mathematics	3	0	0	3
SOC	213	Sociology of the Family	<u>3</u>	<u>0</u>	<u>0</u>	<u>3</u>
		Totals	9	0	0	9

FALL SEMESTER 2

COE	111	Co-op Work Experience I	0	0	10	1
COE	115	Work Experience Seminar I	1	0	0	1
HSE	125	Counseling	2	2	0	3
HSE	210	Human Services Issues	2	0	0	2
SAB	125	SAB Case Management	2	2	0	3
SAB	220	Group Techniques/Therapy	2	2	0	3
SAB	240	SAB Issues in Client Services	<u>3</u>	<u>0</u>	<u>0</u>	<u>3</u>
		Totals	12	6	10	16

SPRING SEMESTER 2

COE	121	Co-op Work Experience II	0	0	10	1
COE	125	Work Experience Seminar II	1	0	0	1
HSE	242	Family Systems	3	0	0	3
HSE	255	Health Problems & Prevention	2	2	0	3
SAB	210	Substance Abuse Counseling	2	2	0	3
***	***	Humanities Elective	<u>3</u>	<u>0</u>	<u>0</u>	<u>3</u>
		Totals	11	4	10	14

Total Semester Hour Credits: 73

CERTIFICATE C4538E

Prefix	Number	Title	Class	Lab	Clinical	Credit
SAB	110	Substance Abuse Overview	3	0	0	3
SAB	125	SAB Case Management	2	2	0	3
SAB	135	Addictive Process	3	0	0	3
SAB	210	Substance Abuse Counseling	2	2	0	3
SAB	220	Group Techniques/Therapy	2	2	0	3
SAB	240	SAB Issues & Client Services	<u>3</u>	<u>0</u>	<u>0</u>	<u>3</u>
		Totals	15	6	0	18

Total Semester Hour Credits: 18

Notes:

All students admitted into a health science program may be required, by clinical or Co-op site, to submit to a criminal background check and/or drug testing, prior to, or during clinical education coursework. The results of these tests could affect the student's ability to progress in the program.

All students completing a health science program may be required, by an external testing agency, to submit to a criminal background check and/ or drug test prior to a state or national licensing/certification board approving the graduate to sit for licensure/certification exams.